International Travel Clinic

Clinical Scope of Practice

The International Travel Clinic (ITC) prepares Sandia National Laboratories (SNL) employees and/or contractors performing SNL business internationally for work-related foreign travel.

**ITC SERVICES INCLUDE:**

- Review for destination country recommendations based on the Center for Disease Control and Prevention (CDC) guidelines.
- Assess SNL international traveler’s health status prior to travel. Review current medications, drug allergies, and update medical/surgical history.
- Assess health risks associated with destination country and provide recommended and/or required immunizations based on the destination country.
- Provide education for insect precautions and/or malaria chemoprophylaxis.
- Offer and provide education for a medication pack for self-treatment of common travel illnesses in high-risk countries with substandard medical care.
- Provide education and distribution of International SOS (ISOS) cards for worldwide emergency assistance.
- Comply with national and state reporting requirements and continue monitoring of traveler’s health status upon return to the U.S. (such as Ebola, etc.).
- Provide disease risk mitigation through patient education using resources provided by Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO).
- Encourage participation of frequent international travelers in the voluntary medical surveillance program, Frequent International Travel (FIT) program (OP-MED081)
- Encourage participation in the Tuberculosis (TB) Surveillance Program