



# Physical Therapy Clinic Clinical Scope of Practice

The HBE Physical Therapy clinic provides physical therapy treatment for symptomatic and functionally limiting musculoskeletal conditions, performs Job Placement Assessments and Medical Ergonomic Worksite Evaluations at SNL/NM and SNL/CA.

The onsite physical therapy clinic manages orthopedic conditions at all stages. Neurological conditions, post-operative hands, and injuries with risks outside of the PT Scope of Services will be sent offsite. Physical therapy assessment and treatment will be applied in accordance to [the American Physical Therapy Association \(APTA\) Code of Ethics and Guide to Physical Therapist Practice](#). Individual treatment plans may vary based on the physical therapists clinical assessment and the best interest of the patient. The physical therapist will discharge the patient from physical therapy services when the anticipated goals or expected outcomes for the patient have been achieved. The physical therapist will also discontinue intervention when the patient is unable to continue to progress toward his/her goals or when the physical therapist determines that the patient will no longer benefit from physical therapy. Additionally, a patient will be discharged following two no-show appointments, per the *Physical Therapy Use Guidelines*.

A referral is required to access the onsite physical therapy clinic and is valid for 90 days. The referral must come from a medical provider and include a physical therapy appropriate medical diagnosis. Post-operative patients must have a referral from their surgeon. Patients undergoing physical therapy treatment from an off-site clinic will not be transferred onsite.

## Physical Therapy Clinic – Services

Injured Worker Rehabilitation	Personal Injury Outpatient Evaluation and Treatment
Low Back Care Education	Ergonomic Evaluations
Preventive Consultations	Chair Fittings
Job Placement Assessments	Work Site Job Evaluations
Work Fitness Programs	

**Note:** Employees requiring comprehensive rehabilitation services or employees injured in a non-job related motor vehicle accident will be referred to appropriate community facilities.

For additional information refer to the each programs individual treatment and modality guidelines per OP-MED072.

