



Health Management Clinic Clinical Scope of Practice

The Health Management Clinic (HMC) is a worksite specialty clinic designed to provide an exceptional level of health care for Sandia National Laboratories employees with diabetes (NM only), cholesterol and blood pressure disorders, depression, and tobacco cessation or weight management.

Sandia National Laboratories' Health Services Center (HBE) follows national standard of care assessment and treatment guidelines. The HBE clinics do not provide Primary Care Services. All Sandia National Laboratories employees who are seen in the HBE clinics are advised to have a primary care practitioner (PCP) in the community. Individuals with numerous medical diagnosis or comorbidities that involve complex medication management are connected to an offsite attending physician or specialty provider for the management of their conditions. In order to facilitate ongoing communication to each employee's PCP, a copy of the HMC visit note is sent to the practitioner after each HMC appointment.

Health Management Clinic – Services

Physician Consultations	Walk-in Blood Pressure Checks
Diet and Exercise Education	Group Education Classes
Flu and Pneumovax Immunizations	Ambulatory Blood Pressure Monitoring
NM Only:	
Certified Diabetes Educator Consultations	Diabetic Podiatry Services
Diabetes Glucose Meters	24 Hr Continuous Glucose Monitors

HBE providers complete referrals for the transition of care of patients with indicated comorbid and/or complex medical conditions to offsite specialists within Sandia's Total Healthcare network at the patient's discretion and/or as indicated by this treatment guideline.

For additional information refer to the each programs individual treatment guidelines.

