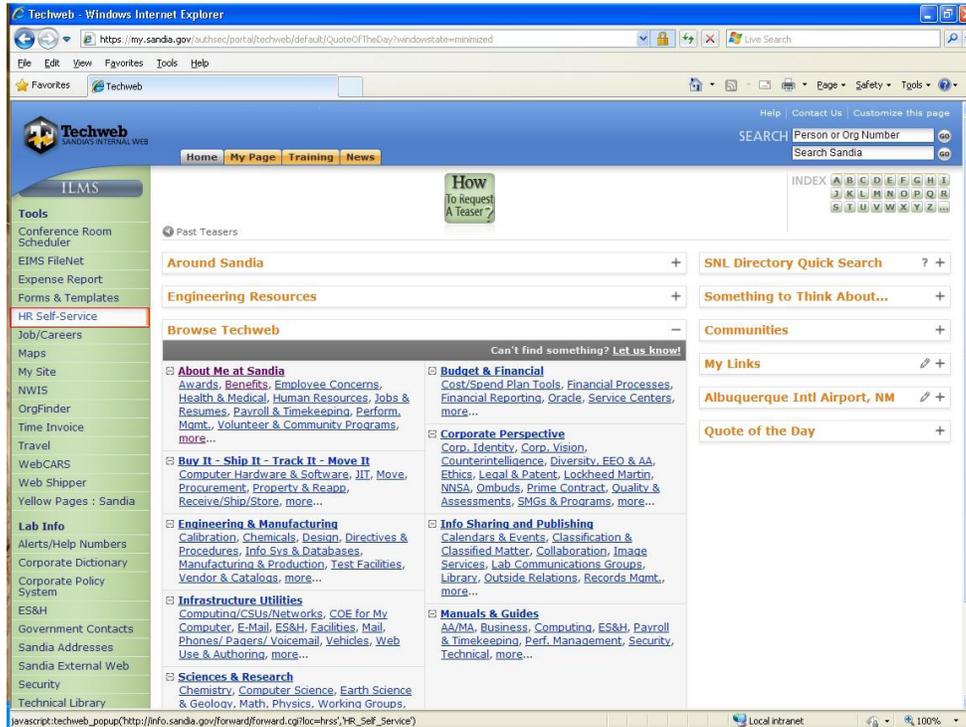


# Enrollment Instructions

## for Medical, Dental, Vision, FSA, and Long-Term Disability

### 1. From the Techweb Homepage, go to HR Self-Service



### 2. From HR Self-Service, enter the Benefits Section on the left, then click Benefits Enrollment

